

Today's date \_\_\_\_/\_\_\_\_/\_\_\_\_

**FERTILITY ASSESSMENT**PATIENT:

(Legal) Last name: \_\_\_\_\_ (Legal) First name: \_\_\_\_\_ Middle initial \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Marital Status: \_\_\_\_single \_\_\_\_married \_\_\_\_divorced \_\_\_\_domestic partner Length of Relationship: \_\_\_\_years

MAILING ADDRESS:

Street: \_\_\_\_\_ City: \_\_\_\_\_

State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_

Home Phone Number: (\_\_\_\_)\_\_\_\_-\_\_\_\_ OK to leave message? Best # to reach you:  
 Yes  No Work Phone Number: (\_\_\_\_)\_\_\_\_-\_\_\_\_  Yes  No Cell Phone Number: (\_\_\_\_)\_\_\_\_-\_\_\_\_  Yes  No 

Email Address: \_\_\_\_\_

How did you hear about SRM?

- Family/Friend  
 Internet  
 Radio  
 Medical office/physician referral  
 Other \_\_\_\_\_

**A fertility assessment is a test ONLY for ovarian reserve / egg supply. It will include an AMH (Anti-Mullerian Hormone blood test and AFC (Antral Follicle Count) transvaginal ultrasound. This is a limited ultrasound and will only count your antral follicles.**

**A fertility assessment is also used to help determine if elective egg freezing is an option for you. Are you interested in freezing your eggs? \_\_\_\_ Yes \_\_\_\_ No**

**PREGNANCY HISTORY:** List all pregnancies, specifying under outcome whether live born, stillborn, ectopic, miscarriage or elective termination (abortion).

| Pregnancy # | Preg. Ended (mo./yr.) | Preg. Length (weeks, months) | Outcome |
|-------------|-----------------------|------------------------------|---------|
|             |                       |                              |         |
|             |                       |                              |         |
|             |                       |                              |         |
|             |                       |                              |         |

**ALLERGIES:**

Latex?  Yes  No If yes, specify reaction: \_\_\_\_\_

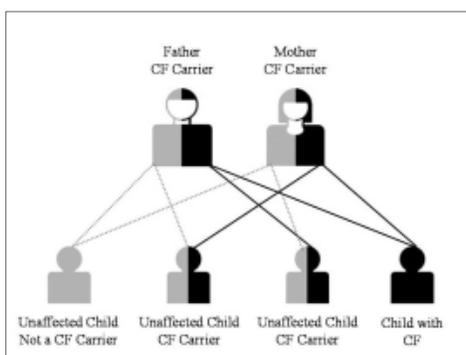
Medications?  Yes  No Which meds, specify reaction: \_\_\_\_\_

**PRECONCEPTION GENETIC AND IMMUNITY TESTING**

The American College of Obstetricians and Gynecologists (ACOG) and the American College of Medical Genetics (ACMG) recommends testing for certain genetic diseases based on ethnicity, family history, or other known risk factors and testing for certain contagious diseases that can be harmful to a fetus, prior to pregnancy.

**Genetic Disorders**

Every normal person can carry genes that may give rise to a child with a genetic disorder if the child inherits a copy of the abnormal gene from both parents. These are called recessive genes and their prevalence varies among ethnic groups. When both parents are carriers of the same recessive disease, there is a 1 in 4 (25%) chance that the child will inherit the trait from both parents and have the disease, a 1 in 2 (50%) chance that the child will inherit the trait from only one parent and be a carrier, like the parents, or a 1 in 4 (25%) chance that the child will not inherit the trait from either parent and will not be a carrier or have the disease.



Carrier status for a recessive disease is passed silently from generation to generation. Carriers can only be identified by a specific genetic test.

There are a number of specific genetic disorders that could be passed on to a child. A parent can carry a gene for a disorder but not have the disease themselves; therefore they are completely healthy. If an individual carries a genetic defect, the resulting child has a certain risk of actually having the disease or of being a genetic carrier themselves. This risk to the child is high if both parents carry the same genetic defect. Most of these illnesses are substantial, generally associated with a

shorter life span, and have serious ongoing medical problems. A good example of one of these diseases is cystic fibrosis. An individual with cystic fibrosis can have breathing and gastrointestinal problems throughout their life.

The risk for these genetic diseases is based on a person's ethnicity. For instance, Caucasians are more at risk for cystic fibrosis while Asians are more at risk for a serious anemia called thalassemia. People of Jewish ancestry are more at risk for a series of specific metabolic disorders. For individuals of Asian or African ethnicity a complete blood count (CBC) is recommended in addition to the genetic tests.

### Contagious Infectious Diseases

There are certain contagious diseases that can be harmful to a fetus if a woman is exposed during pregnancy. These diseases can be avoided or be less harmful if the mother receives an immunization prior to pregnancy. It is recommended that all women wanting to become pregnant have their immunity to *rubella* and *varicella* tested. If she is found to be susceptible to either of these diseases, it is recommended that she have an immunization prior to pregnancy. It may be also recommended to wait 30 days after receiving an immunization before attempting conception.

Women are also encouraged to receive a single Tdap (*tetanus, diphtheria, and acellular pertussis*) booster once as an adult prior to pregnancy. Td vaccine (*tetanus and diphtheria*) is recommended for women who are already immune to pertussis and have had 10 or more years elapse since a previous Td booster.

In addition, an *influenza* (flu) vaccine is recommended prior to pregnancy.

### Zika Virus

There is growing evidence of a connection between exposure to Zika during pregnancy and microcephaly in resulting offspring, although it is not known whether infection with the Zika virus causes microcephaly. Microcephaly is a condition in which a baby is born with a much smaller head than normal, because the brain has not developed properly during pregnancy. The baby may suffer from a number of physical and cognitive problems, ranging from mild to severe, including a decreased ability to learn and function.

Zika virus may also cause Guillain Barre Syndrome in infected individuals. Guillain Barre Syndrome can start as tingling in the extremities and progress to muscle weakness that in severe cases may result in paralysis.

Understanding of the Zika virus and its effect on infected pregnant women and their babies is still evolving. The Centers for Disease Control (CDC) is the primary resource for information and has the most current information including a list of countries affected. <http://www.cdc.gov/zika/about/index.html>

Based upon the information available regarding the risk to the unborn child and to patients, SRM strongly advise you and any Spouse/Partner NOT to travel to countries with active Zika transmission while attempting pregnancy.

### ACKNOWLEDGEMENT

I acknowledge that a Fertility Assessment is a test for ovarian reserve / egg supply ONLY and does not evaluate for any other potential cause of infertility including problems with ovulation, the uterus, fallopian tubes, sperm quality, etc. that would be discussed at a new patient visit.

I acknowledge that the Fertility Assessment transvaginal ultrasound is a limited exam, only counting antral follicles. This ultrasound is not looking at my uterus, fallopian tubes, ovaries, ovarian cysts, or other pelvic pathologies. Any concern for abnormal findings should be followed up by your primary provider.

I understand preconception genetic and immunity testing is recommended prior to attempting pregnancy.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name