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Patient's Name _____ Birth Date _____ Today's Date _____

Name of Patient Completing Semen Collection _____ Birth Date _____ Patient's Phone _____
(if applicable)

General Services

- Infertility Egg Freezing Program Fertility Assessment Antral Follicle Count (AFC) Ultrasound Fertility Preservation

Patient instructions: Please call SRM to schedule a New Patient Visit. **Cancer Dx:** _____

Andrology Diagnostic Services

Name of Patient Completing Semen Analysis is Required: _____

- Semen Analysis IUI Only - Intrauterine Insemination IUI Prep

Intrauterine Insemination Services (IUI): Brief appointment prior to IUI is required.

Semen Analysis Patient instructions: Please call SRM to schedule your appt. Patient should abstain from ejaculation for 2-5 days prior to the test.

Semen Analysis with Phone Consult: Includes phone consultation to go over results with Nurse Practitioner. Required appointment, additional \$35 billed at time of service. Not billable to insurance.

Hysterosalpingogram Referral Services

- Please perform an HSG on my patient.

Reason for testing:

- Tubes open Uterine cavity normal Recurrent miscarriage ESSURE confirmation
 Other, please detail _____

Please provide the following information to help us take care of your patients:

Gravidity _____ Parity _____ Age _____ Allergic to iodine/shellfish Yes No
History of PID Yes No Prophylactic antibiotics Yes No
Pertinent Medical History (include surgeries): _____
Diagnosis Code: _____

Patient Instructions: Call SRM to schedule HSG on first day of your cycle. Test generally occurs between day 6-12 of your cycle or anytime if you are on birth control pills.

REFERRING PHYSICIAN

Name _____ Phone _____ Fax _____

Address _____

Referring Office Instructions: Please fax referral request and attach patient demographic details to SRM at 206-301-5679, retain a copy for your records and give original to patient.

Patient Guide for Semen Analysis

Why do I need semen analysis?

Infertility is a couple's issue. In 40% of couples experiencing infertility there are sperm problems. Therefore, a semen analysis is recommended as part of every basic infertility evaluation, even when another diagnosis has already been determined or there has been a previous pregnancy.

What is a semen analysis?

The semen analysis is a microscopic examination of semen. A variety of parameters are assessed including concentration (number of sperm), motility, and morphology (shape). Values frequently fluctuate, and result interpretation will require your doctor's input. Persistent abnormalities may require additional testing or consultation with a urologist.

Patient Instructions:

Semen analysis is performed by referral only. Referrals can be obtained from either your own physician or your partner's physician. SRM must receive a copy of the patient's written referral prior to scheduling an appointment. Referrals can be faxed to: 206-301-5679.

Scheduling:

To schedule your appointment, please call 206-301-5000 or toll free at 877-777-6002 for all locations. Phone Consultation appt. will be scheduled 2-3 days after first appt.

Prior to Your Appointment:

Please follow the instructions below for the most accurate test results:

- Abstain from ejaculation for 2-5 days prior to your appointment.
- Refrain from using a hot tub or sauna for at least 3 weeks prior to your appointment.
- If you have a temperature of 100° F or higher for more than ½ day or a fever of 102° F or higher within the 3 months prior to your appointment, please contact SRM to reschedule.

The Day of Your Appointment:

- You must present a government issued picture ID at your appointment.
- Please refrain from wearing any fragrances such as cologne, deodorant, aftershave, lotion, etc.
- Masturbation is the recommended method of collection. Lubricants, saliva or vaginal secretions may interfere with test results.
- You will be directed to a dedicated private collection room for your test. A specimen cup and label for the sample will be provided.

Phone Consultation Following Your Appointment:

You will have a short phone consultation 2-3 days after your appointment with one of our Nurse Practitioners to go over your results and next steps. This information will then be sent to your referring provider.

Patient Guide for Hysterosalpingogram (HSG)

What is an HSG?

A hysterosalpingogram (HSG) is a radiographic test to evaluate both the fallopian tubes and the uterine cavity. A small amount of sterile, iodine containing fluid is injected through a small catheter that has been connected to the cervix. Intermittent exposures will be taken as the iodine solution fills the uterus and flows through the fallopian tubes. If you are allergic to iodine, please let your physician or nurse know. In most cases, this test takes only a few minutes to perform. The most common complaint with this test is mild to moderate discomfort and cramping. Please see instructions on the back regarding minimizing these side effects and scheduling the procedure.

Patient Instructions:

HSG's are performed by physician referral only. SRM must receive a copy of the patient's written referral prior to scheduling an appointment. Referrals can be faxed to: 206-301-5679.

Scheduling:

To schedule an HSG please call SRM at 206-301-5000 or toll free at 877-777-6002 on the FIRST day of your menstrual period. These tests should be performed after you are done bleeding, but before ovulation (generally days 6-12 of your cycle) or anytime if you are on birth control pills. You should inform the physician if you are still on your period or if it was delayed or abnormal.

The Day of Your Procedure:

You may eat and drink normally on the day of your procedure. Also, it is not necessary to arrive with a full bladder. In general, the HSG is well tolerated. However, some people experience mild to moderate pelvic pain and cramping during and/or just after the procedure. We recommend that you take over-the-counter ibuprofen 800mg approximately 1-2 hours prior to the procedure in order to decrease cramping. The procedure takes approximately 15 minutes, but plan to be at SRM for up to 60 minutes to allow for check-in and recovery. Most of the time, you will be able to drive yourself home or back to work after the uterine evaluation appointment. However, some patients may experience temporary light-headedness, nausea, or persistent cramping. In these cases a longer recovery time may be needed before you are able to drive. For this reason, when possible, you may want to have someone come with you to the appointment. However, please note that partners are not allowed in the room during the actual procedure.

After Your Procedure:

Complications of HSG are very uncommon. However, rare cases of infection can occur. It's important that you notify SRM immediately if you develop any of the following symptoms over the several days following your appointment:

- Fever (temperature greater than 100.5° degrees Fahrenheit).
- Severe or progressive pelvic pain.
- Flu-like symptoms associated with pelvic pain.
- Heavy vaginal bleeding (saturating a pad)